

## **Kit List**

In order to make it easier for your son or daughter to pack for this weekend, and so that they don't bring unnecessary items, a kit list is provided below. Please make sure all items have been packed. As mentioned, electronic devices are permitted to be brought to take pictures and travel.

1. Sleeping bag
2. Appropriate Civilian Attire for canoe / hiking
3. Socks (x6 pairs, no white sports socks)
4. T-Shirts (x2)
5. Sweater (x1)
6. Wind/Rain breaker (x1)
7. Undergarments and a couple of extra pairs
8. Hiking Shoes x1 (+ 1 pair running shoes)
9. x2 pairs of appropriate pants, no denim
10. Shorts and Swimsuit (x1 each or multipurpose)
11. Sleeping attire
12. Hats/sunglasses (appropriate)
13. Water bottle (with name on it)
14. Flashlight / headlamps (Small)
15. Toiletries (ie., toothbrush, toothpaste, face cloth, hand soap, deodorant)
16. Small amount of spending money for pit stops during travel
17. Medication in original container, clearly labelled with cadet's name in a zip lock bag

Please make sure to have your medication and health card ready to turn in upon arrival at the corps office.