



Summer Training

A large, irregular red brushstroke graphic that serves as a background for the title text.

Command Update.

- <https://www.canada.ca/en/department-national-defence/services/cadets-junior-canadian-rangers/cadets/summer-training/summer2021.html>

Virtual CTC

Deadline 30 April 2021



This is not mandatory, but this is highly recommended for personal and unit development.

Weeklong courses

Virtual Pleasure Craft Operator Competency

The Virtual Pleasure Craft Operator Competency (PCOC) provides the cadets an opportunity to achieve the PCOC qualification. Course content will include description of applicable regulations and policies, personal safety when on board a vessel and recognising navigational aids. Cadets applying for this course should be 14-16 years of age and have successfully completed Phase Three/ Silver Star/ Proficiency Level Three.

Element	Duration	Days per week	Hours per day
Common	1 week	5 days	3 hours

This course is a newly offer to all element.

Weeklong Courses

Virtual Restricted Operator's Certificate (M)

The Virtual Restricted Operator's Certificate (Maritime) provides the cadets an opportunity to achieve the ROC(M) qualification. Course content includes Global Maritime Distress and Safety Systems, regulations and policy and Digital Selective Calling. Cadets applying for this course should have the Pleasure Craft Operator Competency qualification, be 14-16 years of age, and have successfully completed Phase Three/ Silver Star/ Proficiency Level Three.

Element	Duration	Days per week	Hours per day
Common	1 week	5 days	3 hours

Virtual Cadet Correspondent

The Cadet Correspondent virtual workshop is a 5 session course where the cadets learn the basics of supporting Public Affairs. The modules include how to effectively use social media, take a great photo, and become a storyteller the unit / squadron. The cadets will require a device to capture imagery, this does not have to be a fancy camera, it could be a phone or tablet. Cadets applying for this course should be between the ages of 15 and 17. The training will be a combination of instructor and self-guided content.

Element	Duration	Days per week	Hours per day
Common	1 week	5 days	1.5 hours of instruction with self-guided work

Weeklong Courses

Two-week Course

- This Course is the only course that is not a qualifications course but can be very beneficial to anyone.

Cadet Cyber Training

The Cadet Cyber Training Course will be conducted over the course of 2 weeks. Cadets will be immersed into the work of Cyber Security, learning, and securing multi-platforms operating systems (Windows 10 and Ubuntu 18) and interact with CAF/COATS Cyber Educators. Training provided will help cadets develop the Cyber Defence skills required to compete in an online competition with other groups from across the world at the end of the week. Successful participants will acquire the skill set to lead and support cadets in virtual and cyber activities within the CCO.

Element	Duration	Days per week	Hours per day
Common	2 weeks	5 days	4 hours

Six Week courses

- This course teaches you how communication with one and other, this course teaches how to talk in front of people as well.

Effective Communication

The Effective Communication program will allow cadets to develop communication skills, focusing on attributes necessary for effective leadership and encouraging cadets to challenge themselves through competitive and motivational speaking. Cadets applying for this program should be between the ages of 13 and 15, ideally in years 2 or 3 of the cadet program.

Element	Duration	Days per week	Hours per day
Common	6 weeks	5 days	3 hours

Six-Week Courses

Virtual Instructional Techniques

The Virtual Instructional Technique course will provide cadets an opportunity to perform the skills necessary for Classroom Instruction, Drill Instruction and Virtual Instruction. Topic areas covered within the course will include, how to complete a lesson plan, how to create and utilize training aids, communication techniques for face to face instruction and virtual instruction. Cadets applying for this course should be between the ages of 14 and 16 and have successfully completed Phase Three / Silver Star / Proficiency Level Three.

Element	Duration	Days per week	Hours per day
Common	6 weeks	5 days	3 hours

Six-Week course

Virtual Coaching

The Virtual Coaching course will provide cadets the opportunity to perform coaching skills within the Cadet Program. Topic areas covered within the course will include the SMART approach to goal setting, the GROW model for coaching, and coaching skills required to coach within the cadet marksmanship and biathlon programs. Cadets applying for this course should be between the ages of 15 and 16 and have successfully completed Phase Four / Gold Star / Proficiency Level Four.

Element	Duration	Days per week	Hours per day
Common	6 weeks	5 days	3 hours

Six-week course

Introduction to Fitness and Sports

The Virtual Introduction to Fitness and Sports course provides cadets an opportunity to perform the duties of a fitness and sports specialist with the skills and subject matter knowledge required to perform the role of a fitness and sports team leader for fitness and sports activities conducted at the corps / squadron. Activities include personal fitness and healthy living, and leading recreational sports. Cadets applying for this course should be between the ages of 14 and 16 and have successfully completed Phase Three / Silver Star / Proficiency Level Three.

Element	Duration	Days per week	Hours per day
Common	6 weeks	5 days	3 hours + self-directed activities

